**Individual and Family Dynamics 120**

**Fall 2016**

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**Course Description**

The purpose of Individual and Family Dynamics 120 is to expose students to the skills and information necessary to make informed decisions about personal development, lifestyle choices, and healthy relationships. The curriculum will help prepare students to have a better understanding of themselves, families, and the world around them.

**Course Components**

Unit 1 – Families in a Changing World

In this unit, students will explore the dynamic relationship between family and individuals in society. Essential Question: What contributes to a family’s ability to manage itself and care for one another?

Unit 2 – Personal Growth and Development

In this unit, students will identify and explore factors contributing to personal growth and development. Essential Question: Who am I? How much influence do I have over my own personal identity?

Unit 3 – Interpersonal Relationships

In this unit, students will identify and define the contact of interpersonal relationships.

Interpersonal relationships are social connections between two or more people. Essential Question: What influences our ability to choose and develop healthy relationships?

Unit 4 – Family Challenges

In this unit, students will gain an understanding of issues that affect individual and family

wellness. Essential Question: What is the impact of societal issues on family and individual

wellness?

**Course Expectations**

**Attendance:** It is the responsibility of the student to find out what work has been missed during an absence and to get caught up on notes, missed tests, quizzes, and assignments.

**Required Materials:** Binder/duo-tang, pen/pencil, loose-leaf

**Quality of Work:** This course is about what you have to say and share; therefore, plagiarism of ideas will not be tolerated. If students complete research, cite the source where information was found.

**Respect:** At times we will be discussing sensitive topics and we need to be respectful and positive about differing viewpoints or feelings. **Confidentiality** is important – you do not leave this classroom and share what others have said.

**Late Assignments:** Students are expected to complete all homework and reading assignments. Late assignments will be given a penalty of:

1 Day late – minus 5%

2 Days late – minus 10%

3 Days late – minus 20%

4 Days late – Grade of Zero

\*\*All major assignments must be completed in order to earn the credit\*\*

**Tentative Mark Calculation**

**Midterm Mark: Final Mark**

Tests 30% Tests 20%

Assignments & Projects 50% Assignments & Projects 50%

Midterm 20% Final Exam 30%